

# SAFETY IS OUR #1 PRIORITY

Our therapists help patients recover from surgery, injury, or decline in function, while ensuring safety and reducing the impact of quarantine.



## The Adaptive Rehab Difference

### SAFE

- » Social distancing practiced
- » Daily patient and staff screening
- » Equipment disinfected before and after each use
- » Masks, hand sanitizer, and gloves provided for patients
- » Therapy staff trained in proper use of Personal Protective Equipment and Infection Control

### SKILLED

- » Highly trained professionals to treat each patient's needs
- » Innovative programming to engage the patient, restore mobility, and promote independence

When completely immobilized, muscle strength can **decrease by 50%** in just 3 weeks

"Early rehabilitation of the COVID-19 patients can **ENHANCE** pulmonary, respiratory function, **REDUCE** complications, **IMPROVE** function, cognitive impairments and **QUALITY OF LIFE**"<sup>1</sup>

<sup>1</sup> Journal of Rehabilitation Medicine, J Rehabil Med 50, 2018



### Physical Therapy

Improve strength, mobility and balance, work with nursing and MD to reduce pain and promote healing



### Occupational Therapy

Improve strength, coordination and ability to safely perform self-care to avoid reinjury and preserve dignity



### Speech Language Pathology

Improve communication and cognitive skills, safety awareness and treatment of swallowing problems to promote improved nutrition

Learn more about our facility and expansive services. Call xxx-xxx-xxxx