

# Physical Therapy



# Occupational Therapy

Target gross motor skills to  
**RESTORE MOBILITY**

focus

Improve daily living skills to  
**PROMOTE INDEPENDENCE**



Reduce pain and promote proper healing from surgery and illness



Educate use of techniques and devices to enable safety and dignity



Decrease fall risk and improve balance, strength, flexibility



Reduce fall risk and complications to avoid reinjury

Enhance cardiovascular function



Improve organization, memory, attention, general wellbeing



**Adaptive Rehab**